





# Summer Schedule



DATE: 10.4.2020

DAY: 07

LEVEL :L.K.G

Before 9.00 AM		Wake up! Brush your teeth, Have a cup of milk.
		Do indoor exercises or yoga to keep the body fit.
		Wash your hands for at least 20 secs.
		Have a shower and start the day with prayer.
		Have a healthy breakfast.
9.00 – 9.30 AM	Social Skill	Share your toys with siblings.
9.30 - 11.00AM	Rhyme Time	<p>Entertain your family members by singing the rhymes</p> <ul style="list-style-type: none"> <li>• One, two buckle my shoes.</li> <li>• Pussy cat.</li> <li>• What do they say?</li> </ul>
	Academic Time	<p>Speaking Skill – [Parents can question the children] Q. What is your father’s name? Ans: My father’s name is... Q. What is your mother’s name? Ans: My mother’s name is..... (to be practiced regularly)</p>
		Creative Art - Make any art work from waste materials.
11.00 – 11.30AM	Exercise Practical Learning	<b>All by Myself</b> – Spread napkin/towel on the table and place the lunch box on the napkin and try to open it carefully and close the box and place it in the lunch bag.
	Motor Skill	String the beads together and make a necklace.
12.00 NOON	Lunch Time	A healthy meal along with vegetables
1.00 – 4.00PM	Nap Time	Take a nap
5.00 – 6.00PM	Play Time	Puzzle / Building blocks/ Free play
6.00 – 7.00 PM	Academic Time	English – Write any 25 three letter words
7.00 – 7.30PM	Family Time	Spend time with family members
8.00 – 8.30PM		Dinner
9.00 PM		Bed Time -Brush your teeth and hear to a bedtime story.