

SKP Vanitha Matriculation School Tiruvannamalai

Dear Parents,

To make good use of time and to engage the children to get connected with school activities from home SKP Vanitha Matriculation School has designed a special Summer schedule for U.K.G Children. The school has taken this initiative aiming towards encouraging, *learning by doing* at students' own pace and comfort. We hope that this plan will be helpful for the parents and our little smart minds by learning and exploring together. Click pictures/Videograph as your little one does the activities mentioned in the day scheduleand send it to our class Whatsapp group. Expecting kind cooperation and support from all the parents.

Summer 🔗

Schedule		
DATE: 08.04.2020		DAY: 05 LEVEL : U.K.G
Before 9.00 AM	AM	Wake up! Brush your teeth, Have a cup of milk.
		Do indoor exercise or yoga to keep the body fit .
		Wash your hands for at least 20 secs.
		Have a shower and start the day with prayer.
		Have a healthy breakfast.
9.00 – 9.30 AM	Social Skill	Help mom in arranging the pillows / toys.
	Rhyme Time	Enjoy singing your favourite rhyme.
		Maths – Read and revise Addition. • Write number names from 61-100.
9.30 - 11.00AM	Academic Time	Activity – Perform your own paper work.
11.00 – 11.30AM	Exercise Practical Learning	<u>All by Myself</u> - Practice wearing school shoes and socks(to be practiced regularly).
	Motor Skill	Mash the potatoes to develop fine motor skill.
12.00 NOON	Lunch Time	A healthy meal along with vegetables
1.00 – 4.00PM	Nap Time	Take a nap
5.00 - 6.00PM	Play Time	Puzzle / Building blocks/ Free play
6.00 – 7.00 PM	Academic Time	Tamil - Refer Term-III book, page-107 and narrate the story.
7.00 – 7.30PM	Family Time	Spend time with family members
8.00 - 8.30PM		Dinner
9.00 PM	**PM	Bed Time -Brush your teeth and hear to a bedtime story.